

Level 2 Certificate in Mental Health Awareness

About the course

The qualification aims to raise the awareness of mental health and a range of mental health conditions such as; Stress, Anxiety, Depression and Schizophrenia

Structure of Course

The level 2 Certificate in Mental Health Awareness is a 13 credit and 130 guided learning hour (GLH) qualification that consists of 10 mandatory units.

Assessment

This qualification is a paper based distance learning programme. An assessor will be allocated to you to assess the units and give feedback and corrections when required.

Entry Requirements

There are no formal entry requirements.

Employment Information

You do not need to be working in a specific setting to complete this qualification

Start Dates

Continuous throughout the year as we run a rolling programme

Duration

Approximately 4months

Progression

Learners could progress to further Health and Social Care qualifications or look at job roles where this qualification can be used.

Contact us

Call: 0844 248 0515

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Web: www.ixionholdings.com

Course Modules

Mandatory Group –

- Unit 1 Understanding Mental Health
- Unit 2 Understanding Stress
- Unit 3 Understanding Anxiety
- Unit 4 Understanding Phobias
- Unit 5 Understanding Depression
- Unit 6 Understanding Post Natal Depression
- Unit 7 Understanding Bi Polar Disorder
- Unit 8 Understanding Schizophrenia
- Unit 9 Understanding Dementia
- Unit 10 Understanding Eating Disorders



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